Left: Aesthesis estate on the Atheniar

Riviera, Below: Food by Ettore Botrini at

with a jetty. Huge glass doors slide open to

blur the boundaries between indoors and

outdoors, and light-toned, natural wood softens the edges of all that marble.

The kitchen has an espresso machine and a few dozen temperature-controlled

toast. The sense of space and privacy is so

beguiling, it takes me hours to discover there is a second ensuite bedroom as well,

George brings course after course as

the sun throws the full Pantone colour spectrum at the sky on its way out.

Executive chef Moreno Miotto's tailor-

made menu is a clever combination of the luxurious and the everyday. Tiny tarts

filled with furls of crudo are speckled with mauve flowers, and a deeply sea-

Eva Vergouli, the resort's head

buggy to pour the next pairing, like

a nosy neighbour who keeps coming

back (she's very welcome). Her choices are opinionated, clear and bright. A

crisp assyrtiko from Estate Argyros on

drink wines with salty minerality, and

vegetal, herbal notes." The next day, the director of private

home rentals, Andre Ferreira, gives me

a tour, swishing silently in a golf buggy along the narrow, paved roads of the

estate, set in 21 hectares of protected forest reserve. Everyone who drives by

in the opposite direction acknowledges

us by placing their hand on their

heart; a lovely gesture. But the

unfolding landscape has my full attention – it's almost

wild, with trees gnarled

soil that still gives up

ancient past in a series o

archaeological digs. The

nrivate homes are set into

the hillside, some just steps

from the ocean.

The average length of stay,

kept extending, until he was here for 35

by the wind, and red

the treasures of the

Santorini: an aromatic gavi La Scolca from

Piedmont; the La Tour Melas Silphium, a rich, round but dry rose. "Greek flavours are very strong," she says, "We need to

sweet scallop topped with caviar rests on

sommelier, pops by in her electric golf

wines. More doors open to a shady outdoor area, in case I burn the breakfast

with its own courtyard. On the night of our private dinner

wilted greens.

On a stadium-sized stage next to the Atlantic Ocean in Essaouira, Morocco musician Omar Hayat is wielding a guimbri bass lute in front of a crowd of 20. naybe 30,000 people.

It's the annual Gnawa and World Music Festival, billed as 'the biggest jam session on the planet' -a sprawling, largely free event, which is regarded as one of the top destination music festivals in North Africa and, arguably, the world. Young men, middle-aged women and selfie-taking teenagers chant along, football terrace style, to the music of this Gnawa madlem. or master musician, the roar of their voices rising and falling with the sound of waves crashing against the town's great tone ramparts

Gnawa music - bluesy, soulful, hypnotic is in the air throughout this three-day festival. Concerts take place outside, by the long sweep of shoreline, or up on historic Portuguese-built battlements, o in the large Moulay Hassan square. Late at night they also fill indoor venues whose oors are layered with carpets and privy

to bursts of trance-dancing, the result of repetitive patterns played by Gnawa rotherhoods (and more recently, the rare sisterhood) on guimbri, side-drums and metal castanets called qaraqab.

It wasn't long ago that the Gnawa the descendants of slaves brought to the Maghreb from West Africa, were treated as pariahs in Morocco. But from

Festivals invariably lead to greater levels of positive emotion, boosting feelings of joy, happiness and contentment.

its foundation in 1998 by senator Neila Tazi, the Gnawa Festival has worked to transform attitudes towards these healermusicians - who in 2019 were added to UNESCO's list of Intangible Cultural Heritage of Humanity. Sets at Essaouira include collaborations with established

artists from elsewhere (the Grammywinning likes of Youssou N'Dour, Marcus Miller and Snarky Puppy among them)

The festival is attracting increasing numbers of overseas visitors (former Led Zeppelin frontman Robert Plant is a regular, as is The Wire actor Robert Wisdom and, um, this writer), thanks to its spectacular coastal setting, compelling Gnawa polyrhythms and peace-andtolerance vibe.

My happy place, I've always called it. Which is hardly surprising: new research led by the University of South Australia has found that attending events such as festivals invariably leads to greater levels of positive emotion, boosting feelings of joy, happiness, excitement and contentment

The positive effects of a destination festival are intensified by travelling to a location to experience its music culture. and other cultural attractions. If you're heading to Brazil, say, for Bock in Bio-a rock, pop and metal wingding that attracts a million festival goers each November - a side visit to Copacabana Beach is surely a must. In Barcelona for June's legendary indie and electronic music festival Primavera? A stroll to Gaudi's iconic church, Sagrada Familia, makes sense

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The Australian Financial Review | www.afr.com

Still, often it's purely the music that brings in the crowds. While many festivals have folded (and continue to fold) for economic reasons, there are some thatthanks to canny marketing - have become brand names, motivating people to visit largely unremarkable places such as Førde [population: 13,000], a little town straddling a river in Norway's fjord region north of Bergen, Since its foundation in 1990, Førdefestivalen has become Scandinavia's largest annual acoustic folk and world festival, taking place each July in venues including civic halls, churches, car parks and even on a mountain neak.

It's a fact that music heals, connects, uplifts. Look at the joy on the faces of all those crammed together before the Pyramid Stage at Glastonbury Festival in Somerset, with A-list headliners, an eight-kilometre perimeter fence and an eco-tastic Green Future Field. Or sense the freewheeling liberation palpable in 80,000 dancing punters at Burning Man, that Dionysian desert party espousing selfexpression and cyber-punkish rebellion in wildest Nevada. Or enter the big international village

that is WOMAD, a festival franchise cofounded in the UK by the musician Peter Gabriel (WOMADelaide is the jewel in its crown). Famed for its globally diverse program, it is a reminder of the breadth of the planet's music and a model for the inclusive world most of us want to live in.

"Instead of dreaming about a better world, participants seek to create it," writes British academic Davina Cooper in her book Everyday Utopias, a phrase which speaks to community building and grassroots change, which for many destination music festivals is a given.

Take the Woodstock Festival in Bethel, New York. Held in 1969, at a pivotal moment in the counter-cultural movement and at the height of the Vietnam War, Woodstock was a DIY Eden in which 400,000 people came together in the name of peace, love and solidarity. It transformed the image of its host destination forever: Woodstock the town (which is 97km away) will forever be the place where Santana and Jimi Hendrix once played.

Hendrix hung out in Essaouira, too. But guitarist Carlos Santana went one further, recording with the late Gnawa maâlem Mahmoud Gania, a Moroccan icon determined to keep Gnawa traditions alive. And for 26 years Essaouira's Gnawa and World Music Festival has done precisely that - so successfully that many of these healer-musicians are now viewed as larger-than-life national heroes.

Will I be back next year? You bet. To stand among the smiling chanting crowd watching a Gnawa master in orange Get there Essaouira baboush slippers firing lightning bolt riffs from his guimbri bass lute. It's a feeling like no other.

The writer was a guest of Gnawa and World











Festival has lifted spirits for over a century

operas, dramas and concerts include Peter

Sellars' take on Mahler's Der Abschied and

celebrations marking the centenary of

Sziget Festival, Budapest, Hungary

Held over six days each August on Óbuda

a 180-hectare island on the Danube River

Sziget is a mini-city of 450,000 festival

goers with 50 stages hosting more than

headliners include Chappell Roan and

Charli XCX. Sziget (island in Hungarian)

offers free camping and even has its own

transporting punters from across Europe

DJ-dotted party train, the Sziget Express,

1000 indie, rock and dance acts. This year's

French composer Pierre Boulez.

August annually

highlights among this year's program of 174



Dinner is ready. I'm wandering barefoot across the deep green lawn, glass of ssyrtiko in hand, to watch the sun lowe itself into the Aegean Sea when I hear George, my butler, gently calling. He has set up champagne and snacks on a long he cork. Inside, across the broad sweep of the lounge. I can see the chef in the kitchen, grilling fish for the first course.

Unbelievably, this is my private home within the One&Only Aesthesis estate

one night. One&Only Aesthesis, one of the leading lights of Sol Kerzner's One&Only global brand, opened with a splash in June 2024. I'm here to preview the private residences, which hit the rental pool in April and will soon be available to buy.

The resort itself is a potent cocktail of kids' club and Guerlain Spa – the first to would think. But no.



Home and away

If a five-star suite just doesn't cut it, why not check in to a private residence by a luxury hotel, writes Jill Dupleix.



marble table by the pool and wants to pop

on the Athenian Riviera. I have always wanted to visit this magical stretch of land, the southernmost point of the Attica Peninsula, just a half-hour drive from the centre of Athens. If it had a wrist, its pulse would still be racing from the heady glamour of the 1960s, when wealthy Greek families would moor their yachts and stay the weekend, Maria Callas would sing for Ari Onassis, and Nurevey would dance by the pool. And now I live here - if only for

sunshine, sandy beaches, lazy breakfasts and sundowners. With poolside dining, a for anybody at One&Only Aesthesis, one



world-class resort." But why not just book out the top floor or a whole wing of a luxury hotel and be done with it?

"The controlled environment of a private home, with dedicated staff and limited outside contact, offers peace of mind that even the most exclusive hotel suite cannot match," says Tomlinson.

"The homes are conceived and built as residences from the ground up, with proper kitchens designed for family gatherings and private chef experiences, and outdoor living areas for genuine relaxation. Ultimately, a hotel will always be a temporary accommodation, while a private residence becomes your home."

My villa has a lovely garden, swimming pool lined with sun-loungers, built-in cuzzi and even a small private beach



Need to know

Mauritius, Mexico

Montana, Greece

Montenegro,

and Dubai.

nights," he says. No wonder. This isn't just a home away from home, it comes with

massive side benefits. Apart from those Private home hotel touches of daily housekeeping and turn-down service, your personal host rentals at One&Only can customise all activities and amenities Aesthesis are and arrange in-villa dining cookery classes, private museum tours or diving priced between €6000 (\$10,700) adventures off Kea Island, a 40-minute and €12,000 a night boat ride away. during high season One&Only Private Homes are available to purchase in

"We can organise an outdoor cinema at the villa or send a chef to do a seafood barbecue," says Ferreira. "Some guests invite friends and family for dinner while their children play in the pool," Others rent the villa next door for their extended

family and keep the adjoining gate open. The first of these exclusive villas will be on the market this month, with a suggested asking price of €10 million (\$18 million). "The owners see these properties as precious pieces of jewellery," says Ferreira, "You cannot find anything like this so close to the sea anywhere on the European coast."

The new owner can live in the villa fullor part-time or allow One&Only to manage it as a private home rental.

"We would still maintain it on the owner's behalf," says Ferreira, "to protect their investment.

Just when I'm feeling right at home, it's time to leave, and the (only) downside hits me. My own home, as much I love it, does not come with a private butler, private che and private swimming pool, I am going to have to make my own negroni and cook my own dinner. The struggle is real.

Above: All One&Only Aesthesis' residences have private pools

Five of the best destination music festivals

Flamenco

Tromsø World Music Festival, Tromso, Norway | October

30-November 1, 2025 Held in northern Norway on the edge of the Arctic Circle, under the strobing Northern Lights, Tromsø World is a small indoor music festival that celebrates global diversity via a program of acts from Africa to Latin America. Lauded Danish/ Macedonian trio Efterklang headline in 2025, and Norwegian space-discokrautrock outfit Drongo are bringing

EFG London Jazz Festival, London England | November 14-23, 2025 Whatever your bag - be-bop swing, hip-hop, spiritual

mash-ups – hit up this 10-day, 60-venue celebration in one of the world's great jazz capitals. Japanese piano virtuoso Hiromi features this year, and iconic Brazilian experimentalist Hermeto Pascoal. A raft of singing stars grace the Royal Festival Hall for opening gala, lazz Voice

Suma Flamenco Festival, Madrid,

Spain | October 14-November 2, 2025 One of Spain's premiere celebrations of flamenco dance and cante iondo deen song, this mighty festival stomps and claps its way around 10 districts of Madrid This year's theme. Tradition and Avant-Garde, embraces some 46 galas including 17 world premieres Photographic exhibitions and round table chats add further flavour.



Left: Abdelkebi Merchane

performing on day

two of the Gnawa Festival. Right from

top: Omar Havat on stage. Scenes from

day one of the

PHOTOS: YASSINE

ZAKARIA LATOURI

Need to know

Rook Gnawa

and World Music

Festival, Essaouira

Morocco. June 25 -

is a 2h 30m drive

from Marrakesh.

It has no airport o

train station

TOUMI, KARIM TIBARI,

Ultra Music Festival, Miami,

Ultra Music Festival, Miami, Florida US | March 27-29 2026

Love doof-doof music? Ultra is a largescale three-day electronic music festival held at Bayfront Park in downtown Miami, Florida. The 2026 line-up is yet to be announced, but the likes of DIs David Guetta and Martin Garrix have previously wowed 165,000-strong crowds, on bespoke stages with bespoke designs and psychedelic light shows.

Salzburg Festival, Salzburg, Austria

uly and August annually Salzburg was the home of Wolfgang Amadeus Mozart for the first 25 years of his brief 35-year-life, and classical music and opera thrums in the DNA of this picturesque Austrian city. The Salzburg

open in Greece - there's more than enough



The writer was a guest of One&Only.